



HEALTHY LEADERS PROGRAMME (HeLP)

The purpose behind the Healthy Leaders Program (HeLP) is to assist the Licence and Ordination Committee to better serve its licensed workers by:

- a) Coming along side to encourage them and promote spiritual growth, as well as mental, physical and emotional health.
- b) To aid this growth and well-being by suggesting helpful tools such as seminars, conferences, books, and providing mentors to better equip the workers to achieve their personal and ministry goals.
- c) To support the local church leaders as they endeavour to build healthy Alliance churches.

Following the annual celebration and general meeting, a meeting will then be arranged to get together with you to go over the answers you have provided prior to re-licensing. We expect that it will take you about an hour on your own time to work through this tool prior to our interview and we also anticipate it will take the L&O committee 45 minutes to go through it with you.

INSTRUCTION: Please answer all 13 questions as honestly as possible. Set aside at least 60 minutes to complete this tool. **Once finished please email it to the L & O chair person.** All reports are private and confidential and will be handled with absolute discretion by the L&O Committee.

NAME _____ DATE _____

YEARS OF MINISTRY EXPERIENCE _____

CURRENT ROLE _____

CURRENT CHURCH _____

***NOTE:** Some of these questions will apply more to senior church leadership but we encourage you adapt the answers to your own role. The L&O committee's desire is to encourage and help you reach your maximum potential as a leader for God regardless of your current situation.*

QUESTIONS:

1) On a scale of 1 2 3 4 5, with 5 being completely satisfied, how would you rate your own personal spiritual development? Please explain.

2) What reading have you completed recently connected to your role in ministry? What did you find helpful?



3) When was the last occasion you took time to be alone for the purpose of thinking, fasting, praying or perhaps planning for yourself, your family or your church & ministry? Please share how this practice has helped you

4) On a scale of 1 2 3 4 5, with 5 being exceptional, as you assess your own time management skills how are you at distinguishing the difference between *a priority and the urgent*? What time management tools do you use to assist you in this process? Do you feel you need any help in this area?

5)a What is a personal goal you are currently aiming to meet? Please share how your progress.

5)b What is a ministry goal you are currently aiming to meet? Please share how your progress.

6) Please rate each of the following habits/disciplines in regard to your personal health on a scale of 1-2-3-4-5, with 5 being very good:

a) Spiritual 1-2-3-4-5 (*Scripture reading, prayer, meditations, other spiritual disciplines etc.*)
Please explain:

b) Physical 1-2-3-4-5 (*Exercise and diet etc.*)
Please explain:

c) Emotional/mental 1-2-3-4-5 (*Sleep patterns, anxieties, depressions, guilt etc.*)
Please explain:

7) What are you involved with in your community or where do you help in any way other organisations in your area? Please share your experience.

8) Are you being overwhelmed by the stress that comes from conflict, situations, or incidents whether past or present? Do you desire any assistance at this time in this area?

9) After a brief discussion with your spouse, please share any of their pertinent thoughts as they consider your role as a partner, a parent or in relation to your ministry in general?





10) Equipping the saints for the work of ministry is the Biblical role of a pastor. What are you doing to fulfil this role?

11) What is the vision of your church and what plans are in place to work toward that vision? Has the Lord been prompting any fresh vision to you personally or for your church or ministry area?

12) Are there any doctrinal issues stemming from the Alliance Statement of Faith that could interfere with the L&O Committee's desire to renew your licence in the C&MA of NZ? If so what are they?

13) Any other matters, personal or ministry, that you think the L&O committee needs to be aware of?

NOTES

